



Poisoning Prevention

Facts About Poisonings

- ◆ It is estimated that over 90% of all poisonings happen **in the home**. Many ordinary things in the house can be poisonous to a child.



- ◆ Over 75% of the poisonings are accidental and most happen to children between the ages of 6 months and 5 years.

- ◆ Accidental poisonings CAN be prevented!

Poison Prevention Tips

- * **SUPERVISION.** Make sure you always know where children are. They explore their world by putting things in their mouths, even if it doesn't taste good. Supervision is the best way to prevent poisonings.

* MEDICINES

- ✓ Use only child resistant covers.



- ✓ Keep in locked cabinets. After using medicines, return them to a safe storage.

- ✓ When giving medicine to children, do not guess. Always measure the correct dose.

- ✓ Do not tell children that medicine is candy or food.



- ✓ If children see adults taking medicine, tell them it is something they should do only with supervision and not on their own.

Vitamins are also medicine and need the same precautions as other medicines.

- ✓ Flush old medicines down the toilet, and then rinse the container with water.

* PRODUCTS IN THE HOME

- ✓ Make sure the products you use have child resistant covers. Use safety latches on drawers and cupboards.



- ✓ Keep all household cleaners and detergents out of sight and out of reach or find non-toxic substitutes to use.

- ✓ After using products make sure to return them to a safe storage.

- ✓ Keep products in original containers. Never put them into food or beverage containers.

- ✓ Know the names of all your plants and which ones are poisonous.



- ✓ Keep all plants out of the reach of small children. Don't allow children to put any part of plants in their mouths.



- ✓ Do not leave your purse where a child can reach it. Cosmetics, perfumes, medications and vitamins can poison a child.

- ✓ Make sure that you have the **California Poison Control Center** hotline number posted near each telephone in your home. If your child does put something poisonous in his or her mouth, call the Center immediately.



**California Poison Control Center
Hotline**

1-800-222-1222